



# MENTOR KARATE FOR KIDS - WEST

CLASS SCHEDULE EFFECTIVE 1/2/2010 - Phone: (440) 974-1200 - [www.mentorata.com](http://www.mentorata.com)



			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tiny Tiger</b>	White Belt	ages 6 and under		4:00 - 4:30		6:00 - 6:30		10:45 - 11:15
	Orange Belt	ages 6 and under		5:15 - 5:45		5:30 - 6:00	4:00 - 4:30	10:15 - 10:45
	Yellow Belt	ages 6 and under		5:15 - 5:45		5:30 - 6:00	4:00 - 4:30	10:15 - 10:45
	Camo Belt	ages 6 and under		5:45 - 6:15	4:30 - 5:00	5:00 - 5:30		9:45 - 10:15
	Green Belt	ages 6 and under		5:45 - 6:15	4:30 - 5:00	5:00 - 5:30		9:45 - 10:15
	Purple Belt	ages 6 and under		5:45 - 6:15	4:30 - 5:00	5:00 - 5:30		9:45 - 10:15
	Blue Belt	ages 6 and under		5:45 - 6:15	4:30 - 5:00	5:00 - 5:30		9:45 - 10:15
	SPARRING ***	ages 6 and under					5:15 - 6:00	
<b>Karate Kid</b>	White Belt	ages 7-12		4:30 - 5:15		6:30 - 7:15		11:15 - 12:00
	Orange Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Yellow Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Camo Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Green Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Purple Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Blue Belt	ages 7-12		6:15 - 7:00	5:00 - 5:45	4:15 - 5:00		12:00 - 12:45
	Brown Belt	ages 7-12	5:45 - 6:30		5:45 - 6:30		4:30 - 5:15	9:00 - 9:45
	Red Belt	ages 7-12	5:45 - 6:30		5:45 - 6:30		4:30 - 5:15	9:00 - 9:45
Sparring ***	ages 7-12					5:15 - 6:00		
<b>Adult</b>	All Belts	ages 13 and up		7:00 - 7:45	6:30 - 7:15	7:15 - 8:00		12:45 - 1:30
	Adult Sparring ***	ages 13 and up			7:15 - 8:00			
<b>Leader</b>	Advanced Training	All ages					6:00 - 6:45	
	Instructor Training		5:00 - 5:45					

\*\*\* ATA SAFETY GEAR REQUIRED (Camo Belts and higher)