



MENTOR ATA BLACK BELT ACADEMY

CLASS SCHEDULE EFFECTIVE 7/15/2010 - Phone: (440) 354 - 9944 - www.mentorata.com



			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tiger	White Belt	ages 6 and under	4:00 - 4:30				6:00 - 6:30	10:45 - 11:15
	Orange Belt	ages 6 and under		5:45 - 6:15	5:15 - 5:45	4:45 - 5:15	1:00 - 1:30	10:15 - 10:45
	Yellow Belt	ages 6 and under		5:45 - 6:15	5:15 - 5:45	4:45 - 5:15	1:00 - 1:30	10:15 - 10:45
	Camo Belt	ages 6 and under		6:15 - 6:45	5:45 - 6:15	4:15 - 4:45	1:00 - 1:30	9:00 - 9:30
	Green Belt	ages 6 and under		6:15 - 6:45	5:45 - 6:15	4:15 - 4:45	1:00 - 1:30	9:00 - 9:30
	Purple Belt	ages 6 and under		6:15 - 6:45	5:45 - 6:15	4:15 - 4:45	1:00 - 1:30	9:00 - 9:30
	Blue Belt	ages 6 and under		6:15 - 6:45	5:45 - 6:15	4:15 - 4:45	1:00 - 1:30	9:00 - 9:30
	SPARRING ***	ages 6 and under					5:15 - 6:00	
Karate Kid	White Belt	ages 7 - 12	4:30 - 5:15			6:00 - 6:45		11:15 - 12:00
	Orange Belt	ages 7 - 12	4:30 - 5:15			6:00 - 6:45		11:15 - 12:00
	Yellow Belt	ages 7 - 12	4:30 - 5:15			6:00 - 6:45		11:15 - 12:00
	Camo Belt	ages 7 - 12	5:15 - 6:00	4:15 - 5:00	6:15 - 7:00			12:00 - 12:45
	Green Belt	ages 7 - 12	5:15 - 6:00	4:15 - 5:00	6:15 - 7:00			12:00 - 12:45
	Purple Belt	ages 7 - 12	5:15 - 6:00	4:15 - 5:00	6:15 - 7:00			12:00 - 12:45
	Blue Belt	ages 7 - 12	5:15 - 6:00	4:15 - 5:00	6:15 - 7:00			12:00 - 12:45
	Brown Belt	ages 12 and under	6:00 - 6:45		4:30 - 5:15		6:30 - 7:15	9:30 - 10:15
	Brown Belt w/ Black stripe	ages 12 and under	6:00 - 6:45		4:30 - 5:15		6:30 - 7:15	9:30 - 10:15
	Red Belt	ages 12 and under	6:00 - 6:45		4:30 - 5:15		6:30 - 7:15	9:30 - 10:15
	Red Belt w/ Black stripe	ages 12 and under	6:00 - 6:45		4:30 - 5:15		6:30 - 7:15	9:30 - 10:15
	Red/Black Belt	ages 12 and under		5:00 - 5:45	7:00 - 7:45	6:45 - 7:30		12:45 - 1:30
	Red/Black Belt w/ Star	ages 12 and under		5:00 - 5:45	7:00 - 7:45	6:45 - 7:30		12:45 - 1:30
	1st Degree Black	ages 12 and under		5:00 - 5:45	7:00 - 7:45	6:45 - 7:30		12:45 - 1:30
	2nd Deg. Rec. (2BR)	ages 12 and under	6:45 - 7:30			5:15 - 6:00	4:30 - 5:15	12:45 - 1:30
	2nd Deg. Dec. (II rank bar)	ages 12 and under	6:45 - 7:30			5:15 - 6:00	4:30 - 5:15	12:45 - 1:30
	3rd Degree Black Belt	ages 12 and under	6:45 - 7:30			5:15 - 6:00	4:30 - 5:15	12:45 - 1:30
SPARRING ***	ages 12 and under					5:15 - 6:00		
Adult	White thru Red/Black Belts	ages 13 and up	7:30 - 8:15	6:45 - 7:30	7:45 - 8:30	7:30 - 8:15		
	All Black Belts	ages 13 and up	8:15 - 9:00	7:30 - 8:15	7:45 - 8:30	7:30 - 8:15		
	All Adults Morning Class	ages 13 and up		10:30 - 11:15		10:30 - 11:15		
	SPARRING ***	ages 13 and up		8:15 - 9:00				
Leader	Advanced Training Class	All ages					7:15 - 8:00	
	Elite Competitor Class	All ages						1:30 - 2:15

*** ATA SAFETY GEAR REQUIRED (Camo Belts and higher)