



Mentor ATA

Newsletter

www.mentorata.com

February 2012

Happy Valentine's Day

NEW STUDENTS

Paige Beddick	Morgan Konya
Jonathan Hyslop	Grace Schick
William Mantho	Elizabeth Mantho
Nathaniel Gasier	Brandon Alemagno
Nicole Colic	Nataly Colic
Grace Dikowicz	Ava Schick
Sadie Koonce	Declan MacKinnon
Brian Mignogna	Alvin Kellici

UPCOMING

REGIONAL

TOURNAMENTS

March 17 th	Murrysville, PA	A
April 28 th	Pickerington, OH	B

WORLD CHAMPIONSHIPS

World Championships is going to be June 18 – 24 in Little Rock, Ar. Anyone who is planning on attending will need to make hotel reservations soon. Online registration will be available this month at www.ataonline.com.



HAPPY BIRTHDAY!

Jack O'Neill	Maria DiCello
Sydney Prochazka	David Frederick
Gavin McArthur	Gregory Ihnat
Kailey Wulfert	Emily Croson
Dominic Santell	Niki Tahsin

TESTING

Thursday, January 23rd, 2012
7:15 All Adults

Friday, January 24th, 2012
5:30 Make Up Testing

Saturday, January 25th, 2012
10:00 All Tiny Tigers
11:00 Karate Kid White, Orange, Yellow Belts
12:00 Karate Kid Camo, Green, Purple, Blue Belts
1:00 Karate Kid Brown & Red Belts
2:00 Karate Kid Red/Black, 1st & 2nd Degree Black Belts

Please have testing card and fee turned in at least 1 day prior to testing.

SPARRING

Sparring is introduced at the camo belt level. All camo belts and higher must do sparring as a part of their belt testing. Sparring will be practiced in regular class as well as a weekly sparring class. Sparring is an important part of training and is necessary for self defense. Gear may be purchased here at the school. All gear must be ATA improved for insurance purposes.

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BOARDS	2 SPAR	3 BOARDS	4 SPAR
5	6 SPAR	7 BOARDS	8 SPAR	9 BOARDS	10 SPAR	11 BOARDS
12	13 BOARDS	14 SPAR	15 BOARDS	16 SPAR	17 BOARDS	18 SPAR
19	20 SPAR	21 BOARDS	22 SPAR	23 TESTING	24 TESTING	25 TESTING
26	27 CHUX	28 SPAR	29 CHUX			

Obstacles List

Name: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

WEEK 1: PERSEVERANCE WEEK

WEEK 2: FOCUS WEEK

WEEK 3: COMMITMENT WEEK

WEEK 4: OVERCOMING OBSTACLES WEEK

Parents, please help your child fill out the monthly List to earn a Blue Star!